



**OKLAHOMA  
SWIMMING**

# **E<sub>v</sub>W.3**

**March 8-9, 2008  
ConocoPhillips Aquatic Center  
5<sup>th</sup> and Keeler, Bartlesville, OK**

**Sponsored by: ConocoPhillips  
Sanctioned by: Oklahoma Swimming  
Sanction # OK08-023**

**Oklahoma East /West Showdown  
March 8-9, 2008**

**Rules:** 2008 USA Swimming and Oklahoma Swimming rules will govern the meet.

**Age:** Age as of March 8, 2008 will determine eligibility for age group.

**Eligibility:** This meet is open to all Oklahoma and USA Swimming registered swimmers ages 14-under who have qualified. Qualifying times for 10-under and 11-12 swimmers are 'B' times. Qualifying times for 13-14 swimmers are 'BB' times. Swimmers may qualify using yards, lcm or scm. Please enter using the appropriate course. The meet will be seeded using yards, lcm, then scm.

**Meet Type:** This meet will be held in two single sessions. All events are timed finals. The Oklahoma Scratch Rule will not be in effect. This meet supports the USA Swimming IM Xtreme program. A national effort where swimmers are encouraged to compete in a wider range of events called IMX events. This program encourages broad development of our Age Group Swimmers.

**Entry Limit:** A swimmer may enter a maximum of four individual events each day including bonus events.

**Teams:** The individual clubs of Oklahoma Swimming will come together to form two teams. Each club is expected to provide a coach for the swimmers they enter.

East Team: CPSC, JTSC, PSST, SS, ST, TS and unattached swimmers from these teams.

West Team: ACE, TWA, EAT, GASC, CSC, SSC and unattached swimmers from these teams

**Facilities:** The meet will be held in the ConocoPhillips Aquatic Center, (5<sup>th</sup> and Keeler), Bartlesville. The 25-yard pool has six 7-foot lanes, 6" Keifer non-turbulent lane lines, Paddock flow-through bulkhead, and stainless steel gutters. The bulkhead provides a 20' by 45' warm-up area at the shallow end, which is available at any time during the meet. The Colorado Timing System and touch pads are used.

**Schedule:** Warm-up: TBA Meet will start 10:30 a.m.

**Warm-up Procedures:** Warm-ups will be TBA. Each team will be assigned a lane for warm-up. All swimmers must be under the direct supervision of a USA Swimming registered coach. OKS warm-up procedures will be enforced. **Special Note:** Teams will be notified of their warm-up assignment by Tuesday, March 4<sup>th</sup> via email. It will also be posted on our website. [www.conocophillipssplashclub.org](http://www.conocophillipssplashclub.org)

**Entry Fees:** \$25 per swimmer for the meet; includes t-shirt and swim cap  
Make one team check payable to "Splash Club." Entry fee MUST accompany entries.

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**Bonus events:** Swimmers may enter bonus events as follows:

10-under swimmers:

IMX events: 100 back, 100 breast, 100 fly, 200 free and 200 IM.

A 10-under swimmer who is qualified to swim one IMX event may enter all IMX events as bonus.

A 10-under swimmer who is qualified in a 50yd event may enter the 100 of the same stroke as a bonus.

11-12 swimmers:

IMX events: 100 back, 100 breast, 100 fly, 200 IM and 500 free.

An 11-12 swimmer who is qualified to swim one IMX event may enter all IMX events as bonus.

An 11-12 swimmer who is qualified in a 100yd event may enter the 200 of the same stroke as a bonus.

13-14 swimmers:

IMX events: 200 back, 200 breast, 200 fly, 200IM, 400IM and 500free.

A 13-14 swimmer who is qualified to swim one IMX event may enter all IMX events as bonus.

**Scoring:** To promote the USA Swimming IM Xtreme program, swimmers who legally complete all IMX events offered in their age group, regardless of place or time, will score a 3-point bonus for their team. In these age groups 10-u, 11-12 and 13-14, the top 6 finishes in each event will score 7, 5, 4, 3, 2, 1. Points will be scored for the East team or the West team rather than individual clubs.

**Awards:** A Team Spirit Award will be presented to the team demonstrating the most spirit and sportsmanship. A Team high point award will be presented to the first place team. The swimmers in each single age 9, 10, 11, 12, 13 and 14 with the highest IMX scores will be recognized.

**Seeding:** All events 200 and over will require positive check-in. The 500 free and the 400 IM will be swum fastest to slowest alternating girls and boys heats.

**Deck Entries:** Deck entries are available in open lanes only at \$40.00 per swimmer. No new heats will be created. Deck entries will be entered in the order they are received. Shirts and caps will be given as supply lasts.

**Entry Deadline:** Entries must be in the hands of the meet director by noon on Friday, February 29, 2008.

**Entering Events:** Team entries should be submitted by email for all Hytek Team Manager users (please include hard copy with your payment). All information on the team roster and entry information sheet must be completed. By signing the team roster and entry forms, the coach or team representative attests that all swimmers entered are USA Swimming members or have applied for USA Swimming registration. Failure to follow the above information will result in the entire team being scratched from the meet. "BEST" times must be entered for each individual. "No-Times" (NT) will be accepted only if the swimmer has not previously swum the stroke/distance, regardless of age group

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**Send entries to:**  
or  
ConocoPhillips Splash Club  
B66 Adams Building  
Bartlesville, Oklahoma 74004

**e-mail:** [splashclub@conocophillips.com](mailto:splashclub@conocophillips.com)

**fax:** 918-662-1332

**Deck Access:** Coaches and officials must wear their current USA Swimming registration cards in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas.

**Heat Sheets:** Heat sheets will be available for purchase at the meet for \$5.

**Final Results:** Results will be sent to the coach or team representative of each club entered within two weeks after the conclusion of the meet. Additional copies of the final results can be ordered for \$5 a copy by leaving your name and address at the program sales desk.

**Concessions:** Concessions will be run during the meet by your hosts, the ConocoPhillips Splash Club. A selection of nutritious snacks will be available for purchase. An equipment stand will be run during the meet.

**General Rules:** Swimmers are only allowed in the Aquatic Center, the locker rooms, and lobby areas. Running is not allowed in the Aquatic Center or any other part of the facility. Glass containers are not allowed in this facility. Smoking is not allowed in this facility. Swimmers must abide by the "Pool Rules" which are posted in the pool area. No diving is allowed in the warm-down area. Only USA Swimming registered swimmers participating in the meet are allowed in the warm-down area. Horseplay is not allowed. Any abuse of the warm-down area will force its being closed. Shaving is not permitted in the locker rooms or pool facilities. Safety Marshall's will monitor activities according to OKS safety rules.

**Repeated violations or activities that are considered to be sufficiently dangerous may result in the swimmer's ejection from the meet by the Meet Referee.**

**Personal Items:** The ConocoPhillips Splash Club and ConocoPhillips will not be responsible for loss of stolen or damaged personal items.

**Additional Information:** Warm-up lane assignments, maps, and other information about this meet can be found at the Splash Club's website [www.conocophillipssplashclub.org](http://www.conocophillipssplashclub.org). Additional information about Bartlesville can be found at [www.bartlesville.com](http://www.bartlesville.com).

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**Lodging:** Contact the hotel or motels directly for rates and reservations.

- **Hotel Phillips, 821 Johnstone** **918-336-5600 (800) – 331-0706**
- **MicroTel Inn, 2696 SE Washington Blvd.** **918-333-2100**
- Hampton Inn, 130 SE Washington Blv. 918-333-4051
- LaQuinta, 1410 SE Washington 918-766-0900
- Econo Lodge, 3910 Nowata Road 918-333-0710
- Super 8, 211 SE Washington Blvd 918-335-1122
- Best Western Weston Inn, Highway 75 at State Street 918-335-7755

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**Saturday, March 8, 2008**

<b>Girls Event #</b>	<b>Qualifying time</b>	<b>Event</b>	<b>Qualifying time</b>	<b>Boys Event #</b>
1	2:25.39	13-14 200 Free	2:16.29	2
3	48.89	10 and under 50 Back	49.29	4
5	3:03.29	11-12 200 Back	2:59.39	6
7	2:39.59	*13-14 200 Back*	2:31.09	8
9	1:57.49	*10 & under 100 Fly*	1:55.39	10
11	1:27.59	*11-12 100 Fly*	1:26.39	12
13	1:13.79	13-14 100 Fly	1:08.69	14
15	53.59	10 and under 50 Breast	53.89	16
17	3:27.29	11-12 200 Breast	3:21.79	18
19	3:01.99	*13-14 200 Breast*	3:02.39	20
10 minute Break				
21	1:31.89	10 and under 100 Free	1:29.19	22
23	1:13.59	11 & 12 100 Free	1:13.29	24
25	1:07.39	13-14 100 Free	1:02.89	26
27	3:42.69	*10 and under 200 IM*	3:40.89	28
29	3:04.99	*11-12 200 IM*	3:03.49	30
31	5:46.19	*13-14 400 IM*	5:27.59	32

**Sunday, March 9, 2008**

<b>Event #</b>	<b>Qualifying time</b>	<b>Event</b>	<b>Qualifying time</b>	<b>Event #</b>
33	48.79	10 and under 50 Fly	47.29	34
35	3:06.29	11-12 200 Fly	3:04.69	36
37	2:40.99	*13-14 200 Fly*	2:32.59	38
39	1:59.99	*10 and under 100 Breast*	1:56.79	40
41	1:36.39	*11-12 100 Breast*	1:35.69	42
43	1:24.49	13-14 100 Breast	1:18.39	44
45	40.09	10 and under 50 Free	39.19	46
47	7:10.79	*11-12 400 Free*	7:05.49	48
49	6:22.39	*13-14 400 Free*	6:07.69	50
10 minute break				
51	1:45.69	*10 and under 100 Back*	1:43.29	52
53	1:28.89	*11-12 100 Back*	1:25.79	54
55	1:14.39	13-14 100 Back	1:10.29	56
57	3:20.19	*10 and under 200 Free*	3:09.89	58
59	2:43.49	11-12 200 Free	2:39.39	60
61	2:43.89	*13-14 200 IM*	2:33.69	62

**(\*IMX Events\*)**

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Team Entry Summary**

TEAM NAME: \_\_\_\_\_ INITIALS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

COACHING STAFF: \_\_\_\_\_

NUMBER OF SWIMMERS: \_\_\_\_\_ X \$ 25.00 = \$ \_\_\_\_\_

TOTAL PAYMENT \$ \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: Splash Club**

PERSON TO CONTACT FOR WARM UP TIMES \_\_\_\_\_

EMAIL \_\_\_\_\_

DAY PHONE \_\_\_\_\_

EVENING PHONE \_\_\_\_\_

**MAIL ENTRIES TO:**

ConocoPhillips Splash Club  
Swim Meet Entries  
B66 Adams Building  
Bartlesville, OK 74004

**MAIL FINAL RESULTS TO:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E-MAIL TO:

splashclub@conocophillips.com

(FAX) 918-662-1332

**I certify that all swimmers entered in individual or relay events are registered USA Swimming members or have applied for USA Swimming registration:**

\_\_\_\_\_

# East/West Meet T-Shirt and Cap Order Form

(One order form per team)

Team: \_\_\_\_\_ (East or West)  
(circle one)

<u>Quantity</u>	<u>Size</u>
_____	Youth Medium
_____	Youth Large
_____	Adult Small
_____	Adult Medium
_____	Adult Large
_____	Adult X Large
_____	Adult XX Large

(Don't forget to order a t-shirt for coaches that are attending)

\_\_\_\_\_ Total Amount of T-Shirts ordered

\_\_\_\_\_ Total Number of Caps needed

**Please return this order form with your teams meet entries by the Meet entry deadline.**